



2022 Parisi Speed School Team Application

Our mission at Parisi speed school is to provide a positive, enthusiastic, and explosive atmosphere to promote long term athletic development through strength and conditioning. We strive to make this environment and coaching accessible to all youth, regardless of socioeconomic status. Through our Parisi Scholarship and Valley Health Foundation we are able to aid teams in our area. Please fill this form out and send back to us. We will review each application individually with our coaches and donors, and let you know on the status. Thank you again!

Scholarship Guidelines

The following Parisi Program Scholarship is currently available to one athletic team of the Varsity or Junior Varsity level per school year. The athletes must also be at least 13 years old.

Preference is given to teams who can demonstrate the need financial assistance for their athletes and who can answer the questions that are attached.

Program Duration: 3 months, twice a week; up to 30 athletes for a team can be on scholarship

Application deadline is **5/14/2022** and award notifications will be made by **5/27/2022**

For questions and submission of applications, please contact:

Chris Armel
Strength & Conditioning Manager & Parisi Program Director
Valley Health Wellness & Fitness Center
540-536-3072
carmel@powerwellness.com



Healthier, together.

Applicant Information



School Name	
Team Representative (Coach / Parent)	
Sport	
Estimated Number of Athletes	

Please answer the following questions. Use additional space as needed.

What would the impact of this scholarship be to the athletes on your team?

How would this program strengthen the athletic program at your school?

Tell us how the opportunity to have this shared experience would impact the athletes on your team?

What are some examples of recent volunteer activities or community service initiatives that your team has been a part of or led?

Why should you team be selected for this scholarship and what makes your team stand out from others?